

Lift Me[®]

From the author of
'UP! Your Service'



**Celebrate
Family & Friends**

RON KAUFMAN



**Celebrate
Family &
Friends**

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Published by Ron Kaufman Pte Ltd. - 10 9 8 7 6 5 4 3 2 1

Life Me Up! - Celebrate Family & Friends
ISBN 981-05-2937-6 - 136 pages.

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|------------------------|----------------|----------|
| 1. Family / Friendship | 2. Quotations | |
| 3. Self-Help | 4. Ron Kaufman | 5. Title |

Cover and page layout by The Bonsey Design Partnership.
Cover illustrations by Ngu Hie Ling.
Set in Times and Arial fonts. Printed in Singapore.

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Celebrate family



1

The greatest need of every human being is the need for appreciation.

Anonymous

We give advice by the bucket, but take it by the grain.

William Alger

It costs you nothing to be lavish with your praise.

Other people may not have the answers, but they might have a clue.

We need four hugs a day for survival. We need eight hugs a day for maintenance. We need twelve hugs a day for growth.

Virginia Satir

Every hug given is also a hug received. When you give many, you get many.

6

Smile at your wife,
smile at your husband,
smile at your children,
smile at each other – it doesn't matter who it is – and that will help you to grow up in greater love for each other.

Mother Teresa

A smile says, without words, more than any words can say.

A hug is the perfect gift – one size fits all, and nobody minds if you exchange it.

Ivern Ball

Many happy returns!

7

Remember not only to say the right thing in the right place, but far more difficult still, to leave unsaid the wrong thing at the tempting moment.

Benjamin Franklin

A loose tongue is a dangerous thing. Keep those around you well protected.

There are few things as seemingly untouched by the real world as a child asleep.

John Irving

That child once was you.

8

The family you come from isn't as important as the family you have.

Ring Lardner

Family is all those who love you and all those you love.

Making the decision to have a child is momentous. It is to decide forever to have your heart go walking around outside your body.

Elizabeth Stone

Someone made this decision to always care about you.

9

We should never permit ourselves to do anything that we are not willing to see our children do.

Brigham Young

Being a parent is being an example.

We need to teach the next generation of children from Day One that they are responsible for their lives. Mankind's greatest gift, also its greatest curse, is that we have free choice. We can make our lives with choices built from love or from fear.

Elisabeth Kübler-Ross

The best way to look after your children is to teach them to look after themselves.

Children have never been very good at listening to their elders, but they have never failed to imitate them.

James Baldwin

Children may not listen to you, but they hear you and see you all the time.

It seems as though the second half of life is made up of nothing but the habits accumulated during the first half.

Fyodor Dostoevski

Your formation shapes your future.

When you teach your son, you teach your son's son.

The Talmud

Material possessions are not the only valuables you pass on to the next generations.

To make your children capable of honesty is the beginning of education.

John Ruskin

Moral lessons deserve *your* attention.

Being considerate of others will take your children further in life than any college degree.

Marian Edelman

**High IQ is nice to have.
High EQ is essential.**

Live so when your children think of fairness and integrity, they think of you.

Jackson Brown

**Set a good example.
Enjoy a lifetime of rewards.**

A brother is a friend provided by nature.

Legouve Pere

There is no friend like a friend within the family.

Expect the people you love to be better. It helps them to become better. But don't get upset when they fail. It helps them keep trying.

Anonymous

Applaud when they succeed. Applaud harder when they try.

All parents believe their children can do the impossible. They thought it the minute we were born, and no matter how hard we've tried to prove them wrong, they all think it about us now. And the really annoying thing is, they're probably right.

Cathy Guisewite

It's great to be encouraged to be great.

My father gave me the greatest gift anyone could give another person: he believed in me.

Jim Valvano

The greatest gift you can give your father is to prove him right.

I believe in confessing one's mistakes and correcting them. Such confession strengthens and purifies the soul.

Mohandas Gandhi

Give yourself room to be wrong and you give yourself room to grow.

God pardons like a mother, who kisses the offense into everlasting forgiveness.

Henry Ward Beecher

Silent gratitude isn't much use to anyone else.

Gladys Stern

When you learn from the problem you earn the pardon.

The only praise that matters is the praise that others see and hear.

Home is where there's one to love us.

Charles Swain

A loving nest holds two.

'Where's your home?' a stranger asked a fellow traveler. 'Wherever she is,' came the reply, as the man pointed to his wife.

Anonymous

Home is in the arms of those who love you.

A Freudian slip is when you say one thing but mean your mother.

Anonymous

Nature gave us one tongue and two ears so we could hear twice as much as we speak.

Epictetus

One of the most valuable things we can do to heal one another is listen to each other's stories.

Rebecca Falls

Love is patient; love is kind; love is not envious or boastful. It does not insist on its own way; it does not rejoice in wrongdoing, but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things. Love never ends.

Saint Paul

The link between mother and child always remains connected.

Deep listening is rewarding to both parties.

Open your heart by opening your ears.

A loving relationship is unconditional.

This is the miracle that happens every time to those who really love; the more they give, the more they possess.

Rainer Maria Rilke

The more you love, the more you give – and get.

Being deeply loved by someone gives you strength, while loving someone deeply gives you courage.

Lao Tzu

Let yourself love others and let yourself be loved.

People need loving the most when the deserve it the least.

John Harrigan

Loving the unlovable can change both parties.

Govern a family as you would cook a small fish – very gently.

Chinese proverb

Families are tender – handle them with care.

The bond that links your true family is not one of blood, but of respect and joy in each other's life.

Richard Bach

Sharing in each other's lives is more important than living together.

Other things may change us, but we start and end with family.

Anthony Brandt

Family matters at the start. Family matters in the end.

It is easy to love the people far away. It is not always easy to love those close to us. It is easier to give a cup of rice to relieve hunger than to relieve the loneliness and pain of someone unloved in our own home. Bring love into your home for this is where our love for each other must start.

Mother Teresa

Keep those close at hand also close to heart.

If you want to work for world peace, go home and love your families.

Mother Teresa

A world of kindness starts closer than you think.

A mother understands what a child does not say.

Jewish proverb

Every young man must learn to take criticism well – he will probably be a parent one day.

Anonymous

A child understands that a mother understands.

Criticism from your children does not mean you are a bad parent. It simply means you are a parent.

Youth is when you blame everything on your parents. Maturity is when you learn that everything is the fault of the younger generation.

George Bernard Shaw

Wisdom is when you accept the blame and embrace the learning.

There comes a time when you have to explain to your children why they were born – and it is a marvelous thing if you know the reason.

Anonymous

Let them know why you chose them, and ask why they chose you.

The best combination of parents is a father who is gentle beneath his firmness and a mother who is firm beneath her gentleness.

Deborah Stanton

**Be firm, yet gentle.
Be gentle, yet firm.**

More marriages might survive if the partners realized that sometimes the better comes after the worse.

Al Pacino

If you give up at the lowest point you won't enjoy the highest.

There are two things we can bequeath our children – one is roots to keep them grounded and the other wings to fly.

Khalil Gibran

Give your children good values to ground them, and grand dreams to help them soar.

My mother was the making of me. She was so true, so sure of me, and I felt that I had someone to live for; someone I must not disappoint.

Thomas Edison

A mother always sees the light inside her child.

I'm doing this for my father. I'm quite happy that they see me as my father's daughter. My only concern is that I prove worthy of him.

Aung Suu Kyi

To bring up a child in the way he should go, travel that way once in a while.

Josh Billings

Our children give us the opportunity to become the parents we always wish we had.

Louis Hart

If a child lives with approval, she learns to like herself.

Dorothy Nolte

Great deeds can flourish from the seed of a great tree.

Keep the joy in yourself alive to raise a happy child.

And the opportunity to appreciate how well our parents did.

Praise is powerful. Put it to work.

By profession I am a soldier and take great pride in that fact. But I am infinitely prouder to be a father. A soldier destroys in order to build; the father only builds, never destroys. One has the potentialities of death; the other embodies creation and life. And while the hordes of death are mighty, the battalions of life are mightier still.

Douglas MacArthur

The most rewarding battle is the struggle to be a great parent.

Children with the same family ties, the same blood, with the same first associations and habits, have some means of shared enjoyment in their power, which no subsequent connections can supply.

Jane Austen

What a child gains in the early years can be shared with family in the later.

Family faces are like magic mirrors. Looking at people who belong to us, we see the past, the present and the future.

Gail Buckley

Parents and children are close in appearance and in thought.

At the end of your life, you will never regret not having passed one more test, nor winning one more verdict or not closing one more deal. You will regret time not spent with a husband, friend, child or parent.

Barbara Bush

Appreciate the time you have with those you love before there's no time left.

God sent children to enlarge our hearts; to make us unselfish and full of kindly sympathies and affections; to give our souls higher aims; to call out all our faculties; to extended enterprise and exertion; and to bring around our firesides bright faces, happy smiles and loving, tender hearts.

Mary Howitt

Each child is living proof that the universe has not given up.

My mother had a great deal of trouble with me, but I think she enjoyed it.

Mark Twain

Is any child too much of a challenge?

He is happiest, be he king or peasant, who finds peace in his home.

Johann Wolfgang von Goethe

Make your home your comfort zone.

A man travels the world over in search of what he needs and returns home to find it.

George Moore

The grass will appear greener on the other side until you realize that your grass is the exact shade you enjoy.

'Mid pleasures and
palaces we may roam,
be it ever so humble,
there's no place like
home.

J.H. Payne

Each day of our lives
we make deposits in the
memory banks of our
children.

Charles Swindoll

**All forms of wealth and
riches can be taken from
you, but not the love of
your family.**

34

**Memories can last
a lifetime. Give your
children a vault full of
good memories.**

A baby is God's opinion
that the world should go
on.

Carl Sandburg

**Every baby deserves the
chance to find love and
experience good works
in this world.**

35

What families have
in common the world
round is that they are
the place where people
learn who they are and
how to be that way.

Jean Clarke

**Your family is the
training ground for life.**

Those who educate children well are to be honored as much as those who produce them: the latter give them life, the former teach them living well.

Aristotle

Children will become as they are taught to be.

When I look back at my life, the greatest happinesses are family happinesses.

Joyce Brothers

The best happiness is the happiness you create together.

Families are like fudge – mostly sweet with a few nuts.

Anonymous

Nothing is interesting with only one ingredient.

The day will come, after harnessing space, the winds, the tides and gravitation, when we shall harness the energies of Love. And on that day, for the second time in the history of the world, we shall have discovered fire.

Pierre Teilhard de Chardin

Every family has a spark of great love smoldering within. Find it, encourage it, let it burn so brightly.

Celebrate friendship



2

A friend is someone who is glad to see you and doesn't have any immediate plans for your improvement.

Bill Coffin

A great friend accepts you as you are – and expects your best.

If you judge people, you have no time to love them.

Mother Teresa

Be a friend, not a critic. No one is without some perfect faults.

A friend is one who knows us, but loves us anyway.

Jerome Cummings

Go often to the house of thy friend, for weeds choke the unused path.

Ralph Waldo Emerson

The greatest gift we can give is our rapt attention to another's existence.

Sue Ebaugh

Friendship doubles our joy and divides our grief.

Swedish proverb

A friend sees everything, but stays focused on what's good.

40

It takes time to make and keep a friend.

A friend cares about you. A great friend adores you.

41

Friendship takes the best and makes it better. It takes the worst and makes it lesser.

Friendship is a
sheltering tree.

Samuel Coleridge

A faithful friend is the
medicine of life.

Anonymous

Good friends are good
for your health.

Irwin Sarason

Fate chooses our
relatives, we choose
our friends.

Jacques Delille

**Friends protect and are
protected by each other.**

A strong friend cures all.

**A good friend makes
your heart beat lighter.**

**You are shaped by the
company you keep.
Choose wisely.**

Family is like being part of a minestrone soup. You don't get to pick the beans or noodles you float with.

Ruth Kaufman

A good soup draws out the best of each ingredient.

Oh, the comfort, the inexpressible comfort of feeling safe with a person; having neither to weigh thoughts nor to measure words but to pour them all out, just as it is, chaff and grain together, knowing that a faithful hand will take and sift them, keeping what is worth keeping, and then, with the breath of kindness, blow the rest away.

George Eliot

Give and take the comfort of being with your friends.

Don't walk in front of me, I may not follow. Don't walk behind me, I may not lead. Just walk beside me and be my friend.

Albert Camus

Friendship is a journey shared.

Hold a true friend with both your hands.

Nigerian proverb

True friends are precious. Treat them accordingly.

I've learned that when someone is looking sad, or says something bad happened, never say, 'What's the matter?' or 'What's wrong?' Always say, 'Do you want to talk about it? I am here for you.'

Kathleen Lim

When you cannot give or lend a hand, then give your time and lend your ears.

When a friend is in trouble, don't annoy him by asking if there is anything you can do. Think up something appropriate and do it.

E.W. Howe

A person down on his luck doesn't need to be reminded.

It is the things in common that make relationships enjoyable, but it is the little differences that make them interesting.

Todd Ruthman

By exploring differences you discover more than by comparing similarities.

Many times from a bad beginning great friendships have sprung up.

Terence Young

The first moment of meeting is not what a friendship can be worth.

Love your enemies, for they tell you your faults.

Benjamin Franklin

Friends may come and go, but enemies accumulate.

Thomas Jones

Real friends are those who, when you've made a fool of yourself, don't feel that you've done a permanent job.

Erwin Randall

A friend is one who believes in you when you have ceased to believe in yourself.

Anonymous

An honest word of criticism is as precious as a flattering speech.

Keep the numbers down.

A friend is always willing to move forward.

A friend is a warm hug on a cold night.

Tell a person they are brave and you help them become so.

Thomas Carlyle

What people hear is what they become.

50

Forgiveness is the oil of relationships.

Josh McDowell

Every friendship will have obstacles. Forgiveness keeps you moving past them.

The heart that forgives an injury is like the perforated shell of a mussel which heals its wound with a pearl.

Jean-Paul Richter

Hatred cuts relationships. Forgiveness restores them.

51

One of the sanest, surest and most generous joys of life comes from being happy over the good fortune of others.

Archibald Rutledge

Do not envy your friends. Make their joys yours.

Only your real friends
will tell you when your
face is dirty.

Sicilian proverb

An honest answer is the
sign of true friendship.

Polish proverb

The person who lives
with cripples soon
learns to limp.

Italian Proverb

We control fifty percent
of a relationship. We
influence one hundred
percent of it.

Barbara Colorose

**In a strong friendship,
there is strength enough
for truth.**

52

**Compliments might win
you fans, but the truth
can earn you friends.**

**Friends are a powerful
influence: Choose good
ones.**

53

**You can't make a
friendship on your own.
But everything you do
will shape it.**

Friends are those rare people who ask how we are and then wait to hear the answer.

Ed Cunningham

Treat your friends as you do your pictures: place them in their best light.

Jerome Churchill

A true friend is someone who is there for you when he'd rather be anywhere else.

Len Wein

A true friend is one who overlooks your failures and celebrates your success.

Doug Larson

A friend is someone who cares enough to listen.

54

Friendship is how you feel when you are together.

Friendship requires your commitment.

55

Being there when a friend is down lifts you both higher.

The friend in my adversity I shall always cherish most. I can better trust those who helped to relieve the gloom of my dark hours than those who are so ready to enjoy with me the sunshine of my prosperity.

Ulysses S. Grant

When it's hard to be there, is when a friend needs you most.

Be a friend when people most need one. As movie mogul Lew Wasserman used to advise talent agents: 'If an actor is working, make sure you talk to him at least twice a week. If he is not working, talk to him every day.'

David Mahoney

The act of friendship that will be remembered most, is the one that was needed the most.

A real friend is one who walks in when the rest of the world walks out.

Walter Winchell

A friend who stays to the end is your best friend.

False friends are like our shadow, keeping close to us while we walk in the sunshine, but leaving us the instant we cross into the shade.

Christian Bovee

Consider the friends you have in tough times and you'll know how many you really have.

Stick to a friend a little
in the wrong.

John Randolph

The only way to have a
friend is to be one.

Ralph Waldo Emerson

One who looks for a
friend without faults
will have none.

Hasidic saying

A friend hears the
song in my heart and
sings it to me when my
memory fails.

Anonymous

**If you only keep friends
who are always right,
you won't have friends
forever.**

**Friendship cannot be
taken, but can always
be given.**

**A perfect friendship
does not require a
perfect friend.**

**Be there for your friends
when they forget to be
there for themselves.**

The bird needs a nest;
the spider needs a web;
man needs friendship.

William Blake

The kindest word in
the world is the unkind
word – unsaid.

Mother Teresa

Friendship is the only
cement that will hold
the world together.

Woodrow Wilson

True friendship comes
when the silence
between two people is
comfortable.

Dave Gentry

**We build friendships and
live through friendships.**

60

**Protect your friends
from the unkind words
– keep them to yourself.**

**Build strong friendships
with other people and
you strengthen the
world.**

61

**A friend understands
without the words.**

Friendship improves happiness by doubling our joy and abates misery by halving our grief.

Joseph Addison

Friendship changes everything for the better.

Tact is the art of recognizing when to be big and not to belittle.

Anonymous

Discretion builds friendships.

A friend might well be reckoned a masterpiece of nature.

Ralph Waldo Emerson

A true friend deserves to be admired.

Strangers are just friends waiting to happen.

Anonymous

Every person has the potential to become your friend. Will you bring them close or keep them distant?

A friend is a gift you
give yourself.

Robert Louis Stevenson

Life without friendship
is like the sky without
the sun.

Anonymous

The ornament of the
house is the friends
who frequent it.

Ralph Waldo Emerson

True happiness consists
not in the multitude of
friends, but in the worth
and choice.

Ben Jonson

**Give yourself to others
and you've given to
yourself.**

64

**Friendship brightens up
your life.**

**The most beautiful thing
you can invite into your
home is a friend.**

65

**If you want to be busy,
choose many friends. If
you want to be happy,
choose good friends.**

The antidote for fifty enemies is one friend.

Aristotle

I always felt the great high privilege, relief and comfort of friendship was that I had to explain nothing.

Katherine Mansfield

You cannot count the value of a friend.

66

Friendship needs no explanation.

The better part of one's life consists of one's friendships.

Abraham Lincoln

A life full of friendship is a full life.

67

To have a good friend is the purest of life's gifts, for it is a love that has no exchange or payment.

Frances Farmer

You cannot put a price on the value of having or being a friend.

It is one of the blessings of friends that you can afford to be stupid with them.

Ralph Waldo Emerson

You can be yourself with a friend.

The proper office of a friend is to side with you when you are in the wrong. Nearly anybody will side with you when you are in the right.

Mark Twain

A true friend is by your side without exception.

You can make more friends in two months by becoming interested in other people than you can in two years by trying to get other people interested in you.

Dale Carnegie

A friend is someone you care about who also cares about you.

Friendship consists in forgetting what one gives and remembering what one receives.

Alexander Dumas

In friendship, don't measure what you give, but cherish what you receive.

Celebrate romance



The sound of a kiss is not so loud as a cannon, but its echo lasts a great deal longer.

Oliver Wendell Holmes

One gesture of love stirs a thousand emotions.

When you hug so tight you can barely breathe, it's two hearts trying to touch.

Jenny McKenzie

To grow close, hug tight.

Nobody has measured,
not even poets, how
much the heart can
hold.

Renée Schwartz

At the touch of love,
everyone becomes a
poet.

Plato

**Love releases the very
best in all of us. Even
the shyest soul finds a
divine vocabulary.**

72

**When you are in love,
your heart runneth over.**

Don't marry a person
you can live with, marry
somebody you can't
live without.

Anonymous

**Love is to be lived for,
not settled for.**

73

Writing is like getting
married. One should
never commit oneself
until one is amazed at
one's luck.

Iris Murdoch

**Love is a long path.
Be with a person who
inspires you to discover.**

Love does not consist in gazing at each other, but in looking outward together in the same direction.

Antoine de Saint-Exupery

Loving each other means growing forward together.

The ultimate test of a relationship is to disagree, but still hold hands.

Anonymous

Agreements make love easy. Disagreements make love strong.

The great question – which I have not been able to answer – is, ‘What does a woman want?’

Sigmund Freud

When a woman is a mystery, loving her is an endless adventure.

The greatest weakness of most humans is their hesitancy to tell others how much they love them while they’re alive.

O.A. Battista

The joy you give by expressing your love is more potent than the embarrassment you feel.

If you were going to die soon and had only one phone call you could make, who would you call and what would you say? And why are you waiting?

Stephen Levine

If you wait too long, it might be too late. Call right now.

There's no need for an anniversary to celebrate. Every day with you is a celebration.

Anonymous

Love daily: Celebrate every day.

The heart is happiest when it beats for others.

Anonymous

Who does your heart beat for?

The jealous are troublesome to others, but a torment to themselves.

William Penn

Being jealous of others is harmful to you. Being joyful of others is good for you.

If you can make a person laugh you can do anything together.

Nicol Williamson

To love and win is the best thing. To love and lose is the next best.

William Thackeray

Angels capture love and sprinkle it on our hearts.

Anonymous

Love is like fine sand. Grasp it and it will slip through your fingers. Cup it gently and it will fill the voids in your soul as sand fills the spaces in your hands.

Anonymous

Laughter is the most joyful connection between two people.

78

Love is a gift worth giving, even when it's not well-received.

Feeling love is a blessing.

79

Let love flow.

Gravity cannot be held responsible for people falling in love.

Isaac Newton

Love is a different law of Nature.

Falling madly in love, that's the secret of life.

Ray Bradbury

Allow yourself to fall in love and you will fall in love with life.

The love in your heart wasn't put there to stay, love isn't love, until you give it away.

William Shakespeare

Love is not yours to keep. Love is yours to give away.

Love is when you give 60 percent, take 40 percent and call it even.

David Hall

And when they do the same with you.

You know when you are truly in love with someone, when you miss them before they even leave.

George Shore

As I gaze upon your beauty, I think to myself, never have I seen an angel fly so low.

Ana Holub

Once you give your heart away, it never comes all the way back.

82

Love is seeing someone as all they can be and all that no one else can see.

I did not know I loved you until I heard myself telling you so. For one instant I thought, 'Good God, what have I said?' and then I knew it was true.

Bertrand Russell

Love asks that you surrender common sense.

83

Love is when you wake up each morning knowing you have this great person by your side.

Claude Verly

Love makes waking up a joy.

If you love something,
let it go. If it comes
back it's yours. If it
doesn't, it never really
was in the first place.

Gerald Jampolsky

In real love you want
the other person's good.
In romantic love, you
want the other person.

Margaret Anderson

**Love cannot be
captured. But when it's
yours, it cannot be lost.**

84

**Do you want the best of
that person, or what's
best for that person?**

Love doesn't make the
world go 'round. Love
is what makes the ride
worthwhile.

Franklin Jones

Love brings joy to life.

To love and be loved
is to feel the sun from
both sides.

David Viscott

**To feel love and be loved
is to be complete.**

85

There is a road from
the eye to the heart that
does not go through the
intellect.

G.K. Chesterton

**Love doesn't always
need a reason. Don't
insist on having one.**

Anyone can be
passionate, but it takes
real lovers to be silly.

Rose Franken

**When we are in love it's
safe to act like children.**

86

Tell me who loves you
and admires you, and I
will tell you who you
are.

Charles Augustin

**Be yourself. The love and
admiration you deserve
will always find you.**

Don't smother each
other. No one can grow
in the shade.

Leo Buscaglia

**Even love needs space
to grow.**

87

Nothing grows well
without space and air.

Patricia Monaghan

Some people think it is
holding on that makes
one strong – sometimes
it's letting go.

Robert Taylor

The ability to laugh
together is the essence
of love.

Ralph Waldo Emerson

Holidays are like
love: anticipated with
relish, experienced
with inconvenience
and remembered with
nostalgia.

Shea Williams

**Selfishness smothers
love.**

88

**Letting go takes
strength – and builds it.**

**Couples who laugh
together stay together.**

89

**Love is an uncertain
journey. You can't
control the experience;
you can only enjoy the
ride.**

Love endures when the lovers love many things together and not merely each other.

Francis Guillarme

Love grows on a foundation of shared affections.

A hammer sometimes hits the mark – a bouquet always does.

Arthur Kaufman

Be strong enough to be gentle.

90

Where love reigns, the impossible may be attained.

Indian proverb

When in love, ordinary people become quite extraordinary.

Love is a second life; it grows in the soul, warms every vein, and beats in every pulse.

Joseph Addison

Let love flourish in your life and life will flourish in your love.

91

You come to love not by finding the perfect person but by seeing an imperfect person perfectly.

Sam Keen

When you feel perfect in someone else's eyes, that is feeling loved.

92

Love is the only thing you get more of by giving it away.

Tom Wilson

Love freely and it will flow freely.

Love is like truth – sometimes it prevails, sometimes it hurts.

Victor Garcia

You cannot control love – that's what makes it such a joy to find.

93

Who travels for love finds one thousand miles no longer than one.

Japanese proverb

You cannot change love, but love can change you.

True love comes quietly without banners or flashing lights. If you hear bells, get your ears checked.

Erich Segal

Love does not care to define and is never in a hurry to do so.

Charles du Bois

True love is when you put someone on a pedestal. And when they fall, you are there to catch them.

Katie Lawrence

The way to love anything is to realize that it may be lost.

G.K. Chesterton

True love creeps up silently, then stays.

Describing love adds nothing to it.

Real love is strong enough to see you fall and help you rise again.

A love put off is a love that may be lost.

Love is a canvas
furnished by nature
and embroidered by
imagination.

Voltaire

**Love is a masterpiece
and you are the painter.**

96

Love is like playing the
piano: First you must
learn to play by the
rules, then you must
forget the rules and
learn to play from your
heart.

Thelonious Monk

**In love there are no
boundaries. Your heart
will lead the way.**

Hopeless romantics are
only hopeless in the
eyes of those who don't
believe in romance.

Jean Zheng

**Romantics see love
where others do not.**

97

To have the rose, you
must accept the thorns.

Joe Sin

**If you avoid all the pains
of love, you'll also miss
the pleasures.**

Love is the master key
that opens the gates of
happiness.

Oliver Holmes

You can give without
loving but you cannot
love without giving.

Robert Louis Stevenson

I love you not for what
you are but what I am
when I am with you.

Roy Croft

Love is not blind – it
sees more, not less. But
because it sees more, it
is willing to see no less.

Joshua Gordon

**Happiness begins with
the acceptance of love.**

98

**If you give all your love
to others, how much will
you have left to give?**

**I love who I become
when in your presence.**

99

**Love is when we accept
someone with their
failings, not in spite of
them.**

4

**Loving your
circumstances**

Character is like a tree and reputation its shadow. The shadow is what we think of it – the tree is the real thing.

Native American saying

Jealousy arises from a lack of self-confidence – not in others but in oneself.

Mae West

Reputation is a reflection of the person.

**To feel happy for others,
first feel happy with
yourself.**

Opportunity knocks only once. Temptation leans on the doorbell.

Sophie Chester

**Seize opportunity.
Avoid temptation.**

The most beautiful thing we can experience is the mysterious.

Albert Einstein

Life is a magnificent mystery. Enjoy its beauty.

102

You can't expect to see eye-to-eye with a person if you are looking down on him.

Jamie Hilfer

To find agreement, start by seeing others as equals. We are.

People often prefer a problem that is familiar to a solution that is not.

Morgan Bastille

Don't get stuck being too familiar. Celebrate something new.

103

The problem with equality is that we most often desire it with our superiors.

Hector Valdez

Don't worry about outdoing others; always challenge yourself.

The man who waits for his ship to come in is always missing the boat.

Sean Connolly

If you can't start as big as you want, start as big as you can.

When a deep injury is done, we never recover fully until we forgive.

Margaret Baldwin

To recover completely, forgive completely.

The truest test of independent judgment is to be able to dislike someone who admires you and admire someone who dislikes you.

Christina Walters

Maturity is when you like someone because of what they stand for and not because of how they feel about you.

If you think you have someone eating out of your hands, it would be wise to count your fingers.

Indian proverb

When you assume you have control of others you assume too much.

106

Diplomacy is the art of putting your foot down without stepping on anyone's toes.

Edgar Mitten

Diplomacy is the art of saying exactly what you want without upsetting those who listen.

It's very easy to forgive others their mistakes. It takes grit and gumption to forgive them for having witnessed your own.

Anonymous

Strength of character includes accepting your failings however public they may be.

107

Maturity begins to grow when you can sense your concern for others outweighing your concern for yourself.

John MacNaughton

When your own needs are met, the needs of others become yours, too.

Like a great poet,
nature produces the
greatest effects with the
most limited means.

Heinrich Heine

It is clear to me that
unless we connect
directly with the earth,
we will not have the
faintest clue why we
should save it.

Helen Caldicott

**Where did your house
come from; your clothing
and food? Are you living
on this planet or are you
part of this planet?**

108

**Behold rain! Water only,
yet nourishing all life.**

It is a wholesome and
necessary thing for us
to turn to the earth and
in contemplation of her
beauties, know humility
and wonder.

Rachel Larson

**The same is true with a
mirror. Look there with
humility and wonder.**

109

Nature is the art of God.

Dante Alighieri

**Humanity is among the
brushstrokes.**

Keep a green tree in
your heart and perhaps
a singing bird will come.

Chinese proverb

Weeds are flowers too,
once you get to know
them.

A.A. Milne

Forgiveness does not
change the past, but it
does enlarge the future.

Paul Boese

The heart of a mother
is a deep well at the
bottom of which
you will always find
forgiveness.

Honoré de Balzac

**There is a garden of
possibilities in your
heart. Keep it alive.**

110

**Give everything a
chance. Everything and
everyone deserve it.**

**Forgiving the past
makes more of the
future.**

111

**Forgiveness releases
the forgiven and the
forgiver.**

One of the secrets of a long and fruitful life is to forgive everybody for everything every night before you go to bed.

Ann Landers

When you forgive completely, then every day is a brand new day.

112

A successful person can spend an entire day on the bank of a river without feeling guilty about it.

Richard Farrell

Successful people give themselves permission to act vigorously, and sit quietly.

What makes a river so restful to people is that it doesn't have any doubt – it is sure to get where it is going, and it doesn't want to go anywhere else.

Hal Boyle

You can be as restful and powerful as a river once you decide where you want to go.

113

Who hears the rippling of rivers will not utterly despair of anything.

Henry David Thoreau

Nature provides many simple comforts: Enjoy them.

The earth does not belong to any man; Man belongs to the earth.

Native American saying

Learn from yesterday, live for today, dream for tomorrow.

Anonymous

The frog does not drink up the pond in which he lives.

Native American saying

A crust eaten in peace is better than a banquet partaken in anxiety.

Aesop

Do not think of what you can take. Be thankful for what you've been given.

114

Use lessons from your past in your present to enrich your future.

Take care more than you take in.

115

You must learn to savor simplicity before you can enjoy abundance.

When all else is lost the
future still remains.

Christian Bovee

Seek and you will find.
What is unsought will
go undetected.

Sophocles

**Believe in the future – it
will always become what
you make it.**

116

**No matter how much
you want it, you'll never
find it until you seek it.**

Each small task of
every day is part of the
total harmony of the
universe.

St. Theresa of Lisieux

**You are a part of
the whole. We all fit
together.**

117

He is rich who owns
the day. There is no
king, rich man, fairy or
demon who possesses
such power as that.

Ralph Waldo Emerson

**Give yourself to this day
and this day to yourself.**

The best thing about the future is that it only comes one day at a time.

Abraham Lincoln

Every day is another chance to choose.

Every tomorrow has two handles. We can take hold of it with the handle of anxiety or with the handle of faith.

Henry Ward Beecher

Will you worry about tomorrow or believe in tomorrow?

The only limit to our realization of tomorrow will be our doubts of today. Let us move forward with a strong and active faith.

Franklin D. Roosevelt

Believing in a better tomorrow makes today a better day.

To understand the heart and mind of a person, look not at what he has already achieved, but at what he aspires to.

Kahlil Gibran

To illuminate another person, ask them to tell you their dreams.

Our character is what we do when we think no one is looking.

Karl Otto von Bismarck

But someone *is* always looking – you.

You cannot build character and courage by taking away men's initiative and independence.

William Boetcker

Character cannot be given, it must be discovered. Courage cannot be granted, it must be found.

A man never stands as tall as when he kneels to help a child.

Motto of the Knights of Pythagoras

The greatest are always willing to help those who have the least.

When the character of a man is not clear to you, look at his friends.

Japanese proverb

A man may be judged by the company he keeps.

Hope is the pillar that holds up the world.
Hope is the dream of a waking man.

Pliny the Elder

Look forward with hopeful expectation.

What is life? It is a flash of a firefly in the night, the breath of a buffalo in the winter, the shadow that runs across the grass and loses itself in the sunset.

Native American proverb

Life is fleeting. Savor every moment.

Every trouble gives out a ray of hope. The one unchangeable certainty is that nothing is certain or unchangeable.

John F. Kennedy

When trouble comes, it does not stay forever.

The problem with not having a goal is that you can spend your whole life running up and down the field without ever scoring.

Anonymous

Without a goal, how will you know what you have achieved?

The best conversation-
alist is a very good
listener.

Chinese proverb

**Listening makes good
conversation.**

Kind words can be
short and easy to speak,
but their echoes are
truly endless.

Mother Teresa

**A kind word costs
nothing and takes only
a moment, but can yield
momentous results.**

If nothing ever changed,
there'd be no butterflies.

Anonymous

**Embrace change as
part of life and see the
beauty that emerges.**

You have never really
lived until you've done
something for someone
who can never repay
you.

Benjamin Franklin

**To give without expecting
in return may give you
the highest return of all.**

The heart of a fool is
in his mouth, but the
mouth of the wise man
is in his heart.

Robert Frost

**The wise know it is not
words that proclaim
their wisdom.**

126

Education is the ability
to listen to almost
anything without losing
your temper.

David Norris

**Learn to understand and
accept, not to react and
reject.**

How you spend your
time is more important
than how you spend
your money. Money
mistakes can be
corrected, but time is
gone forever.

Roger Hamilton

**Spend your time
carefully. You will never
get it back.**

127

To err is human; to
blame the next guy,
even more so.

Anonymous

**When the responsibility
is yours, take it.**

There is so much good in the worst of us, and so much bad in the best of us, that it behooves all of us not to talk about the rest of us.

Robert Louis Stevenson

Instead of finding joy in people's perfection, find joy in their efforts to be good, in spite of their imperfections.

Never try to make anyone like yourself – you know that one of you is enough.

Anonymous

**Everyone is unique.
Enjoy!**

People who jump to conclusions often frighten the best ones away.

Arthur Morris

Draw your conclusions slowly – it allows time for the best ones to surface.

Humor is laughing at what you haven't got when you ought to have it.

Ella Beckenstein

A sense of humor is the best defense against disappointment.

Change is an easy panacea. It takes character to stay in one place and be happy.

Ralph Vangard

Are you calm enough to sit still and enjoy it?

130

Dig the well before you get thirsty.

Chinese saying

The only way to prepare for the future is to get ready before it arrives.

My advice to you is not to inquire why or whither, but just to enjoy your ice cream while it's on your plate.

Thornton Wilder

If you always question everything, you'll never take a lick!

131

Confidence, like art, never comes from having all the answers; it comes from being open to all the questions.

Earl Stevens

Do you think you know everything? Can you happily accept that you don't?

Life is a romantic business, but you have to make the romance.

Oliver Wendell Holmes

Yesterday is a dream, tomorrow but a vision. But today well lived makes every yesterday a dream of happiness, and every tomorrow a vision of hope. Look well, therefore, to this day.

Sanskrit proverb

Making today a great day improves the past and the future.

Enjoy the fruits of your labor.

He who asks is a fool for five minutes, but he who does not ask remains a fool forever.

Chinese proverb

If you don't ask, you won't learn.

The bad news is time flies. The good news is you are the pilot.

Roger Hamilton

This time is yours. Make the most of it.

There are three ingredients in a good life: yearning, learning and earning.

Christopher Morley

Yearn for greater success. Learn for greater knowledge. Earn for greater rewards.

Generosity is giving more than you can; pride is taking less than you need.

Khalil Gibran

Generosity benefits all. Pride benefits no one.

When you are willing, everything changes. The journey becomes fun. Obstacles become adventures. Goals become the source of energy and drive.

Atul Mathur

Be willing and the magic will follow.

Great change requires great effort. Make it.

Shelley Wake

If you don't put your best into it, you'll never get the best out of it.

Thank you for choosing, reading and sharing this book.
From the 512 cheerful tips and quips, this is one of my
favorites:

A friend is someone who is glad to see you
and doesn't have any immediate plans for
your improvement.

– Bill Coffin

Which is *your* favorite quote inside this book? Which
friends will you share it with today?

Wishing you a life full of friendship!

A handwritten signature in blue ink that reads "Ron Korman". The signature is fluid and cursive, with a long, sweeping tail on the final letter.

Cheerful quips and playful tips to expand the joys of living!

Other people see their worth reflected in your eyes. Show them a beautiful picture.

Ron Kaufman is the author and founder of UP! Your Service.® He is one of the world's most sought-after educators and thought-leaders for uplifting service and building service cultures.

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ISBN 981052937-6



9 789810 529376

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