

Lift Me[®]

From the author of
'UP! Your Service'



Words of Wisdom



RON KAUFMAN



**Words of
Wisdom**

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Contents

<i>Everyday wisdom</i>	4
<i>Profound wisdom</i>	39
<i>Insightful wisdom</i>	80
<i>Acquiring wisdom</i>	99

Everyday wisdom



1

Faith in oneself is the
best and safest course.

Michelangelo

Dream lofty dreams,
and as you dream, so
shall you become.

James Allen

**You are the person
living this life.
Believe in yourself.**

**Know where you are
going and the road will
appear.**

Thought is the original source of all wealth, all success, all material gain, all great discoveries and inventions, and of all achievement.

Claude Bristol

Creative thinking is the source of a creative life.

6

Big thinking precedes great achievement.

Wilfred Peterson

You want to achieve big things tomorrow? Think big thoughts today!

A man is what he thinks about all day long.

Ralph Waldo Emerson

What do you keep thinking about? That's you!

7

Every thought is a seed. If you plant crab apples, don't count on harvesting golden delicious.

Bill Meyer

Choose healthy thoughts if you want a healthy harvest.

No problem can stand the assault of sustained thinking.

Voltaire

The greatest weapon against stress is our ability to choose one thought over another.

William James

Dissatisfaction and discouragement are not caused by the absence of things but by the absence of vision.

Anonymous

If you can't sleep, then get up and do something instead of lying there worrying. It's the worry that gets you, not the lack of sleep.

Dale Carnegie

Catch a problem by the neck and think it to resolution.

8

- Q) What's the greatest stress reliever?**
A) Choose relaxing and positive thoughts.

To get from where you are to where you'd rather be, you need a clear idea of where you're going.

9

Action is the only antidote to worry.

Worrying is like a rocking chair, it gives you something to do, but it doesn't get you anywhere.

Ram Dass

Worry doesn't change the facts. Action does.

The palest ink is better than the best memory.

Chinese proverb

Writing down your goals is a big step toward their achievement.

10

Before you speak, listen. Before you write, think. Before you spend, earn. Before you invest, investigate. Before you criticize, wait. Before you pray, forgive. Before you quit, try. Before you retire, save. Before you die, give.

William Ward

Before you turn the page, read this one again.

People, like nails, lose their effectiveness when they begin to bend.

Walter Landor

Stay focused on your goals and visions.

11

People don't ask for facts in making up their minds. They would rather have one good, soul-satisfying emotion than a dozen facts.

Robert Leavitt

**Sell the feeling.
Sell the sizzle.
Sell the dream.**

Great people talk about ideas; average people talk about events; small people talk about other people.

Anonymous

What do you talk about?

When thought becomes excessively painful, action is the finest remedy.

Salman Rushdie

**Thinking too hard?
Work harder.**

Your heart often knows things before your mind does.

Polly Adler

Your feelings are as important as your insights.

Once we realize that imperfect understanding is the human condition there is no shame in being wrong, only in failing to correct our mistakes.

George Soros

The biggest mistake is not to learn from your mistakes.

A desk is a dangerous place from which to view the world.

John le Carré

Get up, get out, walk around.

An intelligence test sometimes shows a person how smart he would have been not to take it.

Laurence Peter

If you score well, that's smart. If you don't, be smart and forget it.

If I have been of service, if I have glimpsed more of the nature and essence of ultimate good, if I am inspired to reach wider horizons of thought and action, if I am at peace with myself, it has been a successful day.

Alex Noble

Before you sleep, ask yourself, 'How was today a successful day?'

Besides the noble art of getting things done, there is the noble art of leaving things undone. The wisdom of life consists in the elimination of non-essentials.

Lin Yutang

If you are not sure what to do about something, ask yourself, 'What will happen if I do nothing about it?'

An idealist believes the short run doesn't count. A cynic believes the long run doesn't matter. A realist believes that what is done or left undone in the short run determines the long run.

Sydney Harris

What you do today will determine your tomorrow.

There is no use worrying about things over which you have no control, and if you have control, you can do something about them instead of worrying.

Stanley Allyn

Convert your anxiety into action.

You can tell whether a person is clever by his answers. You can tell whether a person is wise by his questions.

Mahfouz Naguib

Listen to questions – yours and others'. The best questions give the most insight and value.

Hard work spotlights the character of people: some turn up their sleeves, some turn up their noses, and some don't turn up at all.

Sam Ewing

**Free character test:
invitation to work hard.**

Laziness may appear attractive, but work gives satisfaction.

Anne Frank

**Work focuses the
worker and produces
the results.**

Going to work for a large company is like getting on a train. Are you going sixty miles an hour or is the train going sixty miles an hour and you're just sitting still?

J. Paul Getty

**Passengers sit still and
watch the world go by.
Leaders decide where
the train is going.**

The ultimate value of life depends upon awareness and the power of contemplation rather than mere survival.

Aristotle

**Reflecting upon
life deepens your
appreciation of life.**

Men of genius are admired, men of wealth are envied, men of power are feared; but only men of character are trusted.

Alfred Adler

Be worthy of their trust.

20

It is only imperfection that complains of what is imperfect. The more perfect we are the more gentle and quiet we become towards the defects of others.

Joseph Addison

The less you focus on others' flaws, the more they see your beauty.

The happiness of your life depends upon the quality of your thoughts: therefore, guard accordingly, and take care that you entertain only notions suitable to virtue and reasonable nature.

Marcus Aurelius

Surround yourself with highest quality thoughts. Discard the rest.

21

A critic is a man who knows the way but can't drive the car.

Kenneth Tynan

A critic can be helpful for directions. But don't give him the keys to your life.

Anybody can kick down a barn, but it takes a good carpenter to build one.

Sam Rayburn

Being destructive takes effort. Being constructive takes more.

When you want to test the depths of a stream, don't use both feet.

Chinese proverb

What will you do if it's shallow? What will you do if it's deep?

Bright lights cast dark shadows when shone from only one direction.

David Kelly

The world has multiple perspectives. Explore, embrace, enjoy.

Boredom is the feeling that everything is a waste of time; serenity, that nothing is.

Thomas Szasz

With no agenda, no goals, no vision, no aspirations – would you be serene, or bored?

Imagination is the
highest kite one can fly.

Lauren Bacall

The person who has
no imagination has no
wings.

Muhammad Ali

Imagination is a quality
given to a man to
compensate him for
what he is not, and a
sense of humor was
provided to console him
for what he is.

Oscar Wilde

A wise man never
knows all, only fools
know everything.

African proverb

**Soar beyond the clouds
of doubt.**

**The person without
commitment has no
roots.**

**To live life without
imagination is not funny.**

**It's wise to know there is
much you do not know.**

The next best thing to knowing something is knowing where to find it.

Samuel Johnson

Knowledge is power and enthusiasm pulls the switch.

Steve Droke

With so much information now online, it is exceptionally easy to simply dive in and drown.

Alfred Glossbrenner

A fanatic is someone who can't change his mind and won't change the subject.

Winston Churchill

Knowledge alone is a map. Knowledge with enthusiasm is an adventure.

With information you can drown but not get killed. You can surface, rest, and swim again.

...in which case, change who you are talking to.

The optimist proclaims that we live in the best of all possible worlds; and the pessimist fears this is true.

James Cabell

A realist makes the best of the world in which we live.

Optimist: the glass is half full. Pessimist: the glass is half empty. Engineer: the glass is twice as large as it needs to be.

Anonymous

An optimist sees no problem. A pessimist labors the problem. An engineer solves the problem.

When I see a bird that walks like a duck and swims like a duck and quacks like a duck, I call that bird a duck.

Richard Cushing

When all your senses tell you something, pay attention.

Life is the art of drawing sufficient conclusions from insufficient premises.

Samuel Butler

You can't know everything before you choose, but you can know enough to make a choice.

A man is not idle because he is absorbed in thought. There is visible labor and there is invisible labor.

Victor Hugo

Be vigilant; guard your mind against negative thoughts.

Buddha

The difference between the right word and the almost right word is the difference between lightning and the lightning bug.

Mark Twain

The harvest of old age is the recollection and abundance of blessing previously secured.

Marcus Cicero

Each can be tiring.
Each can be rewarding.

30

Cocoon negatives until they emerge with wings!

My grandfather gave me a thesaurus. At the time I was confused; today I am grateful.

31

Add to your account whenever you can, draw from it whenever you need.

Make no mistake, my friend: it takes more than money to make men rich.

A.P. Gouthey

Richness is having many things: good health, friends, family, free time, hobbies, work you love...and money.

If you have knowledge, let others light their candles with it.

Margaret Fuller

Warm them with your knowledge. (Don't burn them with your brilliance.)

No man was ever wise by chance.

Lucius Seneca

Wisdom accrues to those who work.

When people go to work, they shouldn't have to leave their hearts at home.

Betty Bender

Heartless work can be heartbreaking. Don't let that happen to yours.

There is a vast world of work out there in this country, where at least 111 million people are employed in this country alone – many of whom are bored out of their minds. All day long.

Richard Bolles

Reach out and *connect* with those around you.

Be regular and orderly in your life, so that you may be violent and original in your work.

Gustave Flaubert

Contain your creativity to create an explosion!

For the sake of getting a living, people forget to live.

Margaret Fuller

Making a living is more than making money.

People who work together will win, whether it be against complex football defenses, or the problems of modern society.

Vince Lombardi

Together we can solve the problems. And we will!

Snowflakes are one of nature's most fragile things, but just look at what they can do when they stick together.

Vesta Kelly

A snowman is a work of art. An avalanche is a revolution.

By working together, pooling our resources and building on our strengths, we can accomplish great things.

Ronald Reagan

The greatest social achievements demand collaboration.

None of us is as smart as all of us.

Japanese proverb

Collective wisdom is always growing.

Don't wait for people to be friendly, show them how.

Anonymous

Be the one in an elevator who says 'Good morning!' to the others.

Keeping score of old scores and scars, getting even and one-upping, always makes you less than you are.

Malcolm Forbes

Let the past be what you left behind.

Kindness is more than deeds. It is an attitude, an expression, a look, a touch. It is anything that lifts another person.

Neil Strait

Serve it up. Pick them up. Lift me up!

Profound wisdom



2

Man's basic vice, the source of all his evils, is the act of unfocusing his mind; the suspension of his consciousness, which is not blindness, but the refusal to see; not ignorance, but the refusal to know.

Ayn Rand

A leaf under a microscope is a new discovery.

40

If you keep on doing what you've always done, you'll keep on getting what you've always got.

W.L. Bateman

If you want a change, make a change.

The hours of a wise man are lengthened by his ideas.

Joseph Addison

Live creatively, live longer.

41

Whatever is at the center of our life will be the source of our security, guidance, wisdom and power.

Stephen Covey

What have you placed at the center of *your* life?

Our finest moments are most likely to occur when we are feeling deeply uncomfortable, unhappy or unfulfilled. For it is only in such moments, propelled by our discomfort, that we are likely to step out of our ruts and start searching for different ways or truer answers.

M. Scott Peck

When your life doesn't feel good, it is a good time to re-examine your life.

Life is a field of unlimited possibilities.

Deepak Chopra

Set sail for something beyond the horizon.

Kindness is more important than wisdom, and the recognition of this is the beginning of wisdom.

Theodore Rubin

Kindness in the beginning, wisdom in the end.

Experience is simply the name we give our mistakes.

Oscar Wilde

More mistakes, more experience. More experience, fewer mistakes.

There was never a
genius without a
tincture of madness.

Aristotle

**Are you kidding?
Are you crazy?
(Are you a genius?)**

The sea does not
reward those who are
too anxious, too greedy,
or too impatient. One
should lie empty, open,
choiceless as a beach
– waiting for a gift from
the sea.

Anne Morrow Lindberg

Patience is rewarding.

If you are patient in one
moment of anger, you
will escape a hundred
days of sorrow.

Chinese proverb

**Angry words can haunt
you. Patience never will.**

Things do not change;
we change.

Henry David Thoreau

**If you want to change
things, change yourself.**

You and I do not see things as they are. We see things as we are.

Anaïs Nin

If you don't like what you are seeing, change what you are being.

Every noble work is at first impossible.

Thomas Carlyle

What is your noble undertaking?

46

Opportunity comes like a snail, and once past you, it changes into a fleet rabbit and is gone.

Arthur Brisbane

When you see an opportunity you like, grab it.

A person's life is dyed with the color of his imagination.

Marcus Aurelius

Color your life brightly, boldly, beautifully.

47

Your 'self' does not stop where your skin stops; it stops where your imagination stops.

Harry Palmer

If your imagination keeps going, you keep growing.

Not what we have, but what we enjoy, constitutes our abundance.

John Petit-Senn

Enjoy your life completely.

He who is plenteously provided for from within, needs but little from without.

Johann Wolfgang von Goethe

The more you cherish treasure on the inside, the less you'll need to chase it on the outside.

The abundant life does not come to those who have had a lot of obstacles removed from their path by others. It develops from within and is rooted in strong mental and moral fiber.

William Lewis

A chick must crack its own egg to survive beyond the shell.

Abundance is not something we acquire. It is something we tune into.

Wayne Dyer

Abundance is always available – before you, behind you, within you.

The young man knows the rules, but the old man knows the exceptions.

Oliver Wendell Holmes

The best rules are wise guidelines.

In matters of style, swim with the current; in matters of principle, stand like a rock.

Thomas Jefferson

The art of life is knowing when to stand firm and when to swim along.

Restlessness is discontent – and discontent is the first necessity of progress. Show me a thoroughly satisfied man and I will show you a failure.

Thomas Edison

Progress is the path from dissatisfaction to taking action.

Vision is the art of seeing the invisible.

Jonathan Swift

Know the purposes you seek in life, for then, like an archer aiming at a definite mark, you shall more likely attain what you seek.

Aristotle

Action is the language of making it visible.

What is your purpose in this life? Not your goal, nor your dream, nor your objectives – what is your purpose?

Why should we think upon things that are lovely? Because thinking determines life. It is a common habit to blame life upon the environment. Environment modifies life but does not govern life. The soul is stronger than its surroundings.

William James

You think therefore you are. What are you thinking?

In the practice of tolerance, one's enemy is the best teacher.

Dalai Lama

What makes another your enemy reveals more about you than about them.

Man masters nature
not by force but by
understanding.

Jacob Bronowski

Thoughts lead to acts,
acts lead to habits,
habits lead to character
– and our character will
determine our eternal
destiny.

Ezra Benson

**The wind and waves are
more powerful than any
ship. Don't damn the
ocean. Learn to sail!**

54

**Who and how you are
today will shape your
life tomorrow.**

Character builds slowly,
but it can be torn
down with incredible
swiftness.

Faith Baldwin

**Every good gesture
builds you up. Every lie
and meanness tears
you down.**

55

Our character is what
we do when we think
no one is looking.

Jackson Brown

**Someone is always
watching – you!**

It takes a great deal of character to apologize quickly out of one's heart rather than out of pity. A person must have a deep sense of security in fundamental principles and values in order to genuinely apologize.

Stephen Covey

A genuine apology can set things right – and set you free.

There is no fire like passion, there is no shark like hatred, there is no snare like folly, there is no torrent like greed.

Buddha

There is no sunrise like joy, no sunset like affection, no rainbow like love.

Too many wish to be happy before becoming wise.

Susanne Necker

Happiness comes and goes. Wisdom endures.

Before enlightenment:
chop wood, carry water.
After enlight-enment:
chop wood, carry water.

Zen philosophy

Enlightenment is not doing the miraculous. It is seeing the miraculous in what you do.

If you love the sacred
and despise the
ordinary, you are still
bobbing in the ocean
of delusion.

Lin-Chi

**The ordinary *is* sacred.
Look deeper.**

A proverb is a short
sentence based on long
experience.

Miguel de Cervantes

**One look can say more
than a book.**

58

All I have seen teaches
me to trust the creator
for all I have not seen.

Ralph Waldo Emerson

**The space between the
words makes the story.
The space between the
notes makes the music.
The space between your
thoughts is your pure
being.**

Nothing in life is to be
feared. It is only to be
understood.

Marie Curie

**Understanding melts a
fear. Understand?**

59

Imagination is the eye
of the soul.

Joseph Joubert

One who has
imagination without
learning has wings
without feet.

Joseph Joubert

**Let your soul see
clearly, far and wide.**

60

**The eagle needs a place
to stand. Put your ideas
to work.**

I like to have a thing
suggested rather than
told in full. When every
detail is given, the mind
rests satisfied, and the
imagination loses the
desire to use its own
wings.

Thomas Aldrich

**With eyes, you can see
the flower. With your
nose you can smell the
fragrance. But with your
imagination, you can
unite with nature.**

We are drowning
in information and
starving for knowledge.

Roger Rutherford

**Information applied
gives knowledge.
Knowledge applied
yields wisdom. Wisdom
applied brings success.**

61

Those who stand for
nothing fall for anything.

Alexander Hamilton

In the midst of great
joy, do not promise
anything. In the midst
of great anger, do not
answer anyone's letter.

Chinese proverb

Divisions are imaginary
lines drawn by small
minds.

Paramahansa Yogananda

To the man who
only has a hammer,
everything he
encounters begins to
look like a nail.

Abraham Maslow

Take a stand.

**To live without regret,
act without haste or
hatred.**

**Imagine everything
unified, connected,
one: as it is.**

**The world we see is a
reflection of who we are.**

Clay is molded to make a vessel, but the utility of the vessel lies in the space where there is nothing. Thus, taking advantage of what is, we recognize the value of what is not.

Lao-tzu

**In companionship,
loneliness disappears.
By spending time alone,
we can become a better
companion.**

It is never too late to give up your prejudices.

Henry David Thoreau

Better late than never.

Prejudice is the child of ignorance.

William Hazlitt

**Complacency is the
father.**

The ability to quote is a serviceable substitute for wit.

W. Somerset Maugham

Create your own quotation:

‘ _____ ’

Appreciate the person who makes you want to listen when he is with you, and think when he is gone.

Lars Wallentin

There are some days I practice positive thinking, and other days I'm not positive I am thinking.

John Eades

Speak to open the minds of others. Listen to open your own.

66

If your thoughts are negative, you are not really thinking.

A man is not what he thinks he is, but what he thinks, he is.

Max Hickerson

What do you want to be and become? Think about that!

67

There is nothing either good or bad, but thinking makes it so.

William Shakespeare

The facts are always neutral. Everything else we add.

The great battle of meditation is with restless thoughts.

Paramahansa Yogananda

**To win the battle,
rest your mind.**

The glow of one warm thought is worth more than money.

Thomas Jefferson

**Let your heart be
your heater.**

68

One falsehood spoils a thousand truths.

African proverb

Don't lie.

Climb mountains to see the lowlands.

Chinese proverb

**Lofty aspirations
give you a beautiful
perspective on life.**

69

Worry does not empty tomorrow of its sorrow; it empties today of its strength.

Anonymous

I don't know much about creative writing programs. But they're not telling the truth if they don't teach, one, that writing is hard work, and, two, that you have to give up a great deal of life, your personal life, to be a writer.

Doris Lessing

Writing taxes the writer, but it enriches both writer and readers.

Conserve your strength.

When something can be read without effort, great effort has gone into its writing.

Enrique Ponce

What I like in a good author isn't what he says, but what he whispers.

Logan Smith

When you enjoy the reading, thank the writer.

Let a deeper meaning seep between your words.

First, I do not sit down at my desk to put into verse something that is already clear in my mind. If it were clear in my mind, I should have no incentive or need to write about it. We do not write in order to be understood; we write in order to understand.

Robert Day-Lewis

When you are not sure about something important, write about it. Your true thoughts and feelings will emerge.

How vain it is to sit down to write when you have not stood up to live.

Henry David Thoreau

To be bold in your writing, be brave in your living.

Everything you need you already have. You are complete right now, you are a whole, total person, not an apprentice person on the way to someplace else.

Wayne Dyer

No one can be or become you better than you.

Money never made a man happy yet, nor will it. There is nothing in its nature to produce happiness. The more a man has, the more he wants. Instead of filling a vacuum, it makes one.

Benjamin Franklin

Money demands meaning. To have more money, you must create more meaning.

A mind too active is
no mind at all.

Theodore Roethke

No question is so
difficult to answer
as that to which the
answer is obvious.

George Bernard Shaw

**If you don't focus,
you'll spray.**

74

**Who are you?
What do you stand for?
Who do you love?**

I do not want the peace
that passeth from
understanding. I want
the understanding
which bringeth peace.

Helen Keller

**I want to know how,
but also why.**

75

Wisdom is knowing
what to do next;
virtue is doing it.

David Jordan

**Wisdom without virtue is
abstract. Virtue without
wisdom is righteous.
Wisdom and virtue
together are good living.**

Never does nature say
one thing and wisdom
another.

Juvenal

**Nature is very wise.
Be wise enough to
learn from nature.**

The more I want to get
something done, the
less I call it work.

Richard Bach

**When something takes
me over, I give myself
over to it.**

What you have out-
side you counts less
than what you have
inside you.

B.C. Forbes

**The real treasure lies
inside you. Bring it out
for all to see.**

The best way to cheer
yourself up is to cheer
somebody else up.

Mark Twain

**People get turned on by
people who are turned
on. Try it.**

The highest destiny of the individual is to serve rather than to rule.

Albert Einstein

How may I serve you?

If things are not going well with you, begin your effort at correcting the situation by carefully examining the service you are rendering, and especially the spirit in which you are rendering it.

Roger Babson

**Are you cynical or joyful,
resentful or grateful,
complacent or committed?
What you make of your life
is up to you.**

All labor that uplifts humanity has dignity and importance and should be undertaken with painstaking excellence.

Martin Luther King, Jr.

**Do the best you can.
Be the best you can.**

It has always been my belief that a man should do his best, regardless of how much he receives for his services, or the number of people he may be serving, or the class of people served.

Napoleon Hill

**Doing something for
someone else is reason
enough to do it well.**

Insightful wisdom



We are shaped and fashioned by what we love.

Johann Wolfgang von Goethe

Love is so powerful, it makes you who you are.

Learning sleeps and snores in libraries, but wisdom is everywhere, wide awake, on tiptoe.

Josh Billings

Don't just read and learn, *live* and learn!

Wisdom is what's left
after we've run out of
personal opinions.

Cullen Hightower

**Personal opinions form
and melt away. Wisdom
sticks around.**

When you know a
thing, to hold that you
know it; and when you
do not know a thing,
to allow that you do
not know it – this is
knowledge.

Confucius

**To know there are many
things you do not know
– this is wisdom.**

It is unwise to be too
sure of one's own
wisdom. It is healthy
to be reminded that the
strongest might weaken
and the wisest might err.

Mohandas Gandhi

**The ultimate wisdom
is to be open for new
wisdom.**

Science is organized
knowledge. Wisdom is
an organized life.

Immanuel Kant

**Peace is an organized
world.**

Knowledge is a process
of piling up facts;
wisdom lies in their
simplification.

Martin Fischer

Wisdom consists of
the anticipation of
consequences.

Norman Cousins

**Genius is in their useful
application.**

**Wisdom comes as
we experience the
consequences we
did not anticipate.**

A prudent question is
one half of wisdom.

Francis Bacon

**Patience to hear the
answer is the other.**

Common sense in an
uncommon degree is
what the world calls
wisdom.

Samuel Coleridge

**Which is why
real wisdom is so
uncommon.**

There is a wisdom of the head, and a wisdom of the heart.

Charles Dickens

If facts are the seeds that produce knowledge and wisdom, then the emotions are the fertile soil in which the seeds must grow.

Rachel Carson

Facts without emotions are sterile. Emotions bring facts to life.

Use both.

Wisdom is the supreme part of happiness.

Sophocles

I feel the degree of a person's intelligence is directly reflected by the number of conflicting attitudes she can bring to bear on the same topic.

Lisa Alther

Serenity is the supreme goal of wisdom.

Different viewpoints let you see the whole.

Only the curious will learn, only the resolute will overcome the obstacles to learning. The quest quotient has always excited me more than the intelligence quotient.

Eugene Wilson

What you want to learn is more interesting than what you already know.

The universe is full of magical things patiently waiting for our wits to grow sharper.

Eden Phillpotts

To sharpen your wits, rest your mind. The universe is patient. You can be, too.

Thoughts have power; thoughts are energy. And you can make your world or break it by your own thinking.

Susan Taylor

Charge your world with positive thoughts. Unleash the power within.

If money is your hope for independence, you will never have it. The only real security that a person will have in this world is a reserve of knowledge, experience and ability.

Henry Ford

You can safeguard your money, but your commitment and capabilities will safeguard you.

The fool doth think he
is wise, but the wise
man knows himself to
be a fool.

William Shakespeare

Don't be so foolish.

90

It is not white hair that
engenders wisdom.

Menander

**It's experience that turns
your hair white!**

Wisdom outweighs any
wealth.

Sophocles

**Wisdom can generate
wealth. Wealth alone
cannot make wisdom.**

91

Wisdom doesn't
automatically come
with old age. Nothing
does – except wrinkles.
It's true, some wines
improve with age. But
only if the grapes were
good in the first place.

Abigail van Buren

**It takes quality of person
and quantity of life to
yield a brew of wisdom.**

The whole problem with the world is that fools and fanatics are always so certain of themselves, but wiser people so full of doubts.

Bertrand Russell

It is wise to pause and consider, but foolish to pause forever. When the time is right, take action.

The older I grow the more I distrust the familiar doctrine that age brings wisdom.

H.L. Mencken

The years bring age. Experience brings wisdom.

The activist is not the man who says the river is dirty. The activist is the man who cleans up the river.

H. Ross Perot

The commentator makes a noise. The activist makes a difference.

Mankind has a great aversion to intellectual labour; but even supposing knowledge to be easily attainable, more people would be content to be ignorant than would take even a little trouble to acquire it.

Samuel Johnson

The little trouble spent acquiring knowledge beats the big trouble of not having it.

Knowledge is power.

Francis Bacon

There is only one good,
knowledge, and one
evil, ignorance.

Socrates

All men by nature
desire knowledge.

Aristotle

Believe those who are
seeking the truth; doubt
those who find it.

André Gide

Sharing knowledge
creates even more.

**Ignorance is the
darkness. Knowledge
is the light.**

**Which is why children
ask so many questions
and adults want to know
all the answers.**

**Those who say they
have found the truth
have stopped looking.**

The function of wisdom
is to discriminate
between good and evil.

Cicero

To know when to be
generous and when firm
– that is wisdom.

Elbert Hubbard

It is characteristic
of wisdom not to do
desperate things.

Henry David Thoreau

Follow your instincts.
That's where true
wisdom manifests
itself.

Oprah Winfrey

**There are many forms of
good, and many forms
of evil. Choose wisely.**

96

**There are times when
being firm is the most
generous thing to do.**

**Bite your tongue.
Hold your horses.
Think again.**

97

**That feeling in your gut
is well connected.**

A short saying often
contains much wisdom.

Sophocles

Turn your wounds into
wisdom.

Oprah Winfrey

**A short saying comes
from long reflection.**

**And the learning itself
will heal you.**



Acquiring wisdom

Wisdom begins in wonder.

Socrates

By three methods we may learn wisdom: first, by reflection, which is noblest; second, by imitation, which is easiest; and third by experience, which is the bitterest.

Confucius

Sometimes it is the bitter medicine that makes you well.

And ends in indifference.

100

He dares to be a fool, and that is the first step in the direction of wisdom.

James Huneker

The true fool is the one afraid of ever looking like a fool.

The art of being wise is the art of knowing what to overlook.

William James

When you overlook certain things you can focus more clearly on what matters.

101

Wisdom is the reward
you get for a lifetime of
listening when you'd
have preferred to talk.

Doug Larson

**Talking requires
another to listen.
Who is the wiser?**

We don't receive
wisdom; we must
discover it for ourselves
after a journey that no
one can take for us or
spare us.

Marcel Proust

**The journey is your life.
Enjoy the ride.**

102

To acquire knowledge,
one must study; but to
acquire wisdom, one
must observe.

Marilyn vos Savant

**It is not just seeing what
happens, but seeing
what happens after
something happens.**

If you go through life
convinced that your
way is always best, all
the new ideas in the
world will pass you by.

Morita Akio

**Every new idea begins
as a challenge to
accepted wisdom.**

103

Let go of your attachment to being right, and suddenly your mind is more open. You're able to benefit from the unique viewpoints of others, without being crippled by your own judgment.

Ralph Marston

Shift your focus from 'I am right' to 'Let me learn from you.'

Minds are like parachutes. They only function when they are open.

James Dewar

An open parachute lets you fly among the clouds and brings you safely back to earth. An open mind does the same.

A closed mind is like a closed book, just a block of wood.

Anonymous

Hence the word for one who will not think: blockhead.

Never mistake knowledge for wisdom. One helps you make a living; the other helps you make a life.

Sandra Carey

Let your wisdom work for you.

Better keep yourself clean and bright. You are the window through which you see the world.

George Bernard Shaw

The voyage of discovery is not in seeking new landscapes but in having new eyes.

Marcel Proust

Clean with your compassion. Scrub with your forgiveness. Rinse with your generosity.

Let go of one prejudice, bias or steadfast conclusion – and your vision will change completely.

The wisdom of the wise and the experience of the ages are perpetuated by quotations.

Benjamin Disraeli

Another good reason for this book!

When I am attacked by gloomy thoughts, nothing helps me so much as running to my books. They quickly absorb me and banish the clouds from my mind.

Savvy Sanders

A good book is good therapy. Cheap, too.

A book is a garden
carried in the pocket.

Chinese proverb

Those who do not read
are no better off than
those who cannot.

Chinese proverb

If you believe every-
thing you read, you had
better not read.

Japanese proverb

Be able to be alone.
Lose not the advantage
of solitude.

Thomas Browne

**Enjoy the freshness
– and abundance.**

108

Invest in yourself – read!

**Read what others write
to help you think. But
think for yourself to
decide what you believe.**

109

**Many things you see with
others. Some things you
only realize alone.**

When you look for truth outside yourself, it gets farther away.

Anthony Yeo

It is not easy to find happiness in ourselves, and it is not possible to find it elsewhere.

Agnes Repplier

The first step in wisdom is to question everything – and the last is to come to terms with everything.

George Lichtenberg

The wisest mind has something yet to learn.

George Santayana

**Search within? Discover.
Search outside? Keep
searching.**

110

**When you've decided
what you really want,
it helps to know where
to look.**

**Between those two
steps is the journey of
your life.**

111

**And the wisest mind
knows it.**

The ability to focus attention on important things is a defining characteristic of intelligence.

Robert Shiller

Deciding what's important is just plain smart.

I not only use all the brains that I have, but all that I can borrow.

Woodrow Wilson

Seeking help from others makes you wiser.

112

Readers are plentiful; thinkers are rare.

Harriet Martineau

**Learn to read in school.
Learn to think in life.**

Do not seek to follow in the footsteps of the wise. Seek what they sought.

Jiddu Krishnamurti

**Blaze your own path,
for your own life, in your
own time.**

113

Good judgment comes from experience, and experience – well, that comes from poor judgment.

Cousin Woodman

When things go right, good for you. When things go wrong, also good for you!

Experience is what you get when you don't get what you want.

Dan Stanford

Later you realize how lucky you were to get exactly what you got.

114

Remember that not getting what you want is sometimes a wonderful stroke of luck.

Dalai Lama

**Disappointed?
Lucky you!**

Experience is that marvellous thing that enables you to recognize a mistake when you make it again.

Franklin Jones

Isn't it wonderful to be human?

115

The man who views the world at fifty the same as he did at twenty has wasted thirty years of his life.

Muhammad Ali

Grow in wisdom as you grow in age.

There are many paths to enlightenment. Be sure to take one with a heart.

Lao-tzu

The path with heart lifts you up even as it tires you out.

What is needed, rather than running away, controlling, suppressing or any other resistance, is understanding fear; that means watch it, learn about it, come directly into contact with it. We are here to learn about fear, not how to escape from it.

Jiddu Krishnamurti

On the other side of fear is freedom. Earn your way to it.

A closed mind is a dying mind.

Edna Ferber

Keep yourself alive!

All human power is a compound of time and patience.

Honoré de Balzac

The facts don't need changing at all. The way you see them needs to shift.

Alan Weiss

Seek the wisdom of the ages, but look at the world through the eyes of a child.

Ron Wild

What we see depends mainly on what we look for.

John Lubbock

And effort.

Facts are just facts. Your point of view gives them meaning.

The world was fascinating when you were young. It still is.

Look for things of beauty and you will see a beautiful world.

Being willing to change allows you to move from a point of view to a viewing point – a higher, more expansive place, from which you can see both sides.

Thomas Crum

When astronauts see the earth from space, everything comes together.

Wise men talk because they have something to say; fools, because they have to say something.

Plato

Speak only when your words improve the silence.

The simplest questions are most profound.
Where were you born?
Where is your home?
Where are you going?
What are you doing?
Think about these once in a while and watch your answers change.

Richard Bach

Life *is* profound. It's that incredible, and simple.

Half of being smart is knowing what you are dumb about.

Solomon Short

The other half is finding someone smart about it who can help you.

Wisdom is knowing when to speak your mind and when to mind your speech.

Fernado Flores

It takes courage at times to speak up – and courage at times to shut up.

The difference between a smart man and a wise man is that a smart man knows what to say, a wise man knows whether or not to say it.

Frank Garafola

Some of your wisest moments may be your quietest.

122

The wise man does at once what the fool does finally.

Baltasar Gracian

When you know it's right, don't debate it. Do it.

The free man is he who does not fear to go to the end of his thought.

Leon Blum

Fulfillment waits at the end.

123

Rarely do we find men who willingly engage in hard, solid thinking. There is an almost universal quest for easy answers and half-baked solutions. Nothing pains some people more than having to think.

Martin Luther King, Jr.

It's hard work to think hard, but well worth the effort.

Men occasionally stumble on the truth, but most of them pick themselves up and hurry off as if nothing had happened.

Winston Churchill

If you stumble, don't just tumble. Learn something useful from the rumble.

When you are deluded and full of doubt, even a thousand books are not enough. When you have realized understanding, even one word is too much.

Fen-Yang

Insight transcends language.

Not by age but by capacity is wisdom acquired.

Titus Plautus

How full is your life?

A wise man can see more from the bottom of a well than a fool can see from a mountain top.

Leonard Orr

What's seen outside depends on what's inside.

The wise man realizes how little he knows; it is the foolish man who imagines that he knows everything.

Jawaharlal Nehru

Keep looking, keep learning.

Those who wish to appear wise among fools, among the truly wise appear foolish.

Emer Quintilian

Where you play says as much as how you play.

Like an ability or a muscle, hearing your inner wisdom is strengthened by doing it.

Robbie Gass

Your inner voice is speaking. Are you listening?

Men fear thought as they fear nothing else on earth, more than ruin, more than death. Thought is merciless to privilege, established institutions and comfortable habit. Thought looks into the pit of hell and is not afraid. Thought is the light of the world, and the chief glory of man.

Bertrand Russell

Out-of-the-box thinking can be uncomfortable for those who prefer to live in a box.

You can know the name of a bird in all the languages of the world, but when you're finished, you'll know absolutely nothing whatever about the bird. Look at the bird and see what it's doing – that's what counts. I learned very early the difference between knowing the name of something and knowing something.

Richard Feynman

Say 'Happy Birthday'. Now sing it. Got the difference?

The beginning of knowledge is the discovery of something you do not understand.

Frank Herbert

Next is the desire to understand it.

To be conscious that you are ignorant is a great step to knowledge.

Benjamin Disraeli

When you know what you don't know, you have already begun to know it.

There is much pleasure to be gained from useless knowledge.

Bertrand Russell

Life is the only real counsellor; wisdom unfiltered through personal experience does not become a part of the moral tissue.

Edith Wharton

And pleasure itself is very useful.

When you hear something wise, try it out. If it makes sense for you, then you own it.

The quality of our thoughts is bordered on all sides by our facility with language.

Michael Straczynski

Language is a second-order expression of first-order ideas.

I love quotations. It is a joy to find my thoughts beautifully expressed by someone wiser than myself.

Marlene Dietrich

Be wise enough to enjoy the quotes of others, and wild enough to write your own.

The beginning of wisdom is found in doubting; by doubting we come to the question, and by seeking we may come upon the truth.

Pierre Abelard

**Seek and find.
Ask and answer.
Doubt and discover.**

It is a thousand times better to have common sense without education than to have education without common sense.

Robert Ingersoll

**Without common sense,
education is academic.**

It's so simple to be wise. Just think of something stupid to say and say the opposite.

Sam Levenson

**What would offend
someone else? The
opposite would likely
please them. Try it.**

Learn wisdom from the ways of a seedling. A seedling which is never hardened off through stressful situations will never become a strong productive plant.

Stephen Sigmund

**Your difficulties are your
opportunities to grow
stronger.**

Good people are good because they've come to wisdom through failure. We get very little wisdom from success, you know.

William Saroyan

Let your failures be your blessings.

He who devotes sixteen hours a day to hard study may become at sixty as wise as he thought himself at twenty.

Mary Little

Accumulating wisdom is a marathon, not a sprint. Keep running, keep learning.

134

When I can look life in the eyes, grown calm and very coldly wise, life will have given me the truth, and taken in exchange – my youth.

Sara Teasdale

In youth, mistakes. In adulthood, learning. In maturity, appreciation for both.

135

It requires wisdom to understand wisdom: the music is nothing if the audience is deaf.

Walter Lippmann

Be ready to receive. Listen up.

Thank you for choosing, reading and sharing this book. With 512 positive quotes, notes and anecdotes packed inside, this is one of my favorites:

Kindness is more important than wisdom, and the recognition of this is the beginning of wisdom.

– Theodore Rubin

Which is your favorite quote? Who will you be kind enough to share it with today?

Wishing you a wise and wonderful life!

A handwritten signature in blue ink that reads "Ron Lukman". The signature is written in a cursive, flowing style.



Words of Wisdom

Remarkable quotes and heart-filled notes to open up your mind!

Be wise enough to enjoy the quotes of others, and wild enough to write your own.

Ron Kaufman is the author and founder of UP! Your Service.[®] He is one of the world's most sought-after educators and thought-leaders for uplifting service and building service cultures.

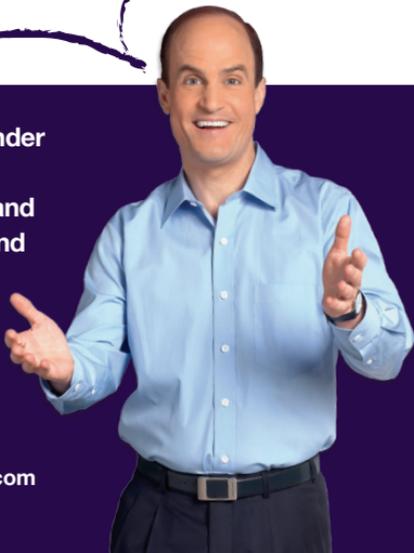
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